Travel Soccer Coach Information



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COVID-19 SPECIFIC INFORMATION FOR SPRING 2021 SEASON

COVID-19 PROTOCOLS - SPRING 2021

MA EEA Safety Standards for Youth and Adult Amateur Sports were updated on March 22 and Mass Youth Soccer Association COVID-19 Soccer Protocols were subsequently updated on March 25. When a player was registered for the Spring 2021 CCYS Travel Soccer Program, the parent that completed the registration was required to acknowledge having read through the MYSA COVID-19 Soccer Protocols in effect at that time. As there have been some changes to both the MA Standards and MYSA Guidelines, all coaches should review the updated Standards and Guidelines and encourage parents to review them as well.

With the recent spike in COVID-19 cases in MA, CCYS will be closely adhering to the State Standards and MYSA Protocols and in some cases CCYS Protocols that are a bit stricter than the MA Standards and MYSA Protocols. As we have said countless times since last March, the intention behind everything we do is to help keep our players, coaches, referees, their families and our communities safe and healthy – and help keep our children in school.

In accordance with these updated MA Standards, MYSA Protocols, Guidance from our local Boards of Health and CCYS' own COVID-19 protocols, the following is a summary list of the COVID-19 protocols that CCYS will follow this spring 2021 season:

1. Attendance is required to be taken by coach at every practice, pro-clinic and game. CCYS coaches will use the AdminSports App to take attendance in order that it can be accessed and promptly provided to health officials in the event of a COVID-19 case and/or contact tracing that is required for a team.

2. Families should use/continue to use the Health Attestation Check-In form on the CCYS website before they bring their player to any CCYS practice or game. Please log into the CCYS website with the same UN and PW used to register your child for soccer. Please select the TEAM tab on the far right and select Team name. On the next screen select the Team Health Check and complete the Health Attestation Form before bringing your player to each practice, pro-clinic and/or game. I know this is just one more thing to do - but it is important.

3. Out of State Travel default is the most recent March 22 Commonwealth of MA Travel Advisory. All visitors entering MA, including returning residents, are advised to quarantine for 10 days upon their arrival. Travelers in several categories are exempt from this quarantine advisory. The two exemptions that pertain to CCYS players (who for the most part have not yet been vaccinated against COVID-19) are 1) any players

that enter MA for fewer than 24 hours - this applies to players that live out of State and play for a MA team, and 2) players returning to MA after being out of the state for fewer than 24 hours. Any Massachusetts based athlete that travels to another state and does not comply with the Travel Order and any Massachusetts based team that does not ensure compliance with the Travel Order by all of its members may risk suspension of team or league practices and/or games.

4. Teams as Cohorts - same team members over the course of the entire season. In other words, teams should practice together and can have intra-team scrimmages but teams should not be mixed with other teams during practice sessions.

5. Face masks are required to be worn (covering face and nose) by all players, coaches, referees and spectators/chaperones. For the purpose of this guidance a facial covering means a face mask that completely covers the nose and mouth. Only face coverings that secure with loops around a player's ears are acceptable. Face covering must also be worn during arrival and departure from the field. If conditions are so severe as to warrant masks too dangerous to wear, (too warm or too wet), the competition must be delayed, postponed or cancelled.

6. Players should not arrive earlier than 5 minutes for their practice/game and must leave immediately after their session.

7. Congregating in the parking lot, common area, entrances or exits is not permitted.

8. Each participant is required to have their own ball, water bottle, face mask, bug spray, hand sanitizer, and keeper gloves if they want them for the times that they play Goal Keeper.

9. Coaches are the only ones permitted to handle cones, discs, goals, etc.

10. No celebrations, hugs, handshakes, fist bumps, etc.

11. Staff, volunteers, and parents/guardians should not transport athletes that are not immediate family members. In the event that transportation of a non-family member becomes necessary, all parties in the vehicle must wear a face mask and to the extent possible have external air circulating in the vehicle by opening a window.

12. Spectators are limited to 2 adults (parents/guardians and chaperones) and siblings. Family spectator groups must sit in the spectator area with six feet of

distancing between spectator groups, including those on adjacent fields. **All spectators must also wear face coverings.** Please note that we are not permitting spectators to use the bleachers this season - and encourage spectators to bring their own chair(s) or blanket(s) to sit on at the field.

13. **Spectator Attendance**: Teams are being encouraged to keep an attendance log of all spectators at each practice and game. It is recommended that you select one or more parents to be the spectator attendance takers at each practice and game. Depending on the number of spectators at a practice, it might be easier to ask the few parents that come to watch a practice to check in with the coaches at the beginning of the practice session so that they can write down the name and phone for the spectators. These records should be kept for the entire season and will be used for any necessary contact tracing.

For games, please reach out and find one or more parents to be the attendance takers at games. For home games we are going to ask for attendance (names, team and phone numbers) for all spectators - both home and visiting team. For away games, we assume that the team that is hosting the game will take attendance, but just in case they don't, we are going to ask that the CCYS team find a parent volunteer to take attendance (name and phone) of the CCYS spectators. Please ask the volunteer to turn the spectator attendance sheet into the coaches after the game. **Coaches should hold onto these spectator attendance sheets for the entire season in the event that we are required to provide them for contact tracing.**

Please note that both MA Standards and MYSA Guidelines are subject to updates updated so it won't be a surprise if Standards and/or Protocols are updated again during the Spring season. We will promptly share any updates that apply to our programs.

COVID-19 CASE PROTOCOLS

If you receive word that there is a positive COVID-19 case in your child's classroom, please reach out to Lauree Eckler immediately. Depending on the timing of your notice, and your next scheduled practice/game, CCYS may need to cancel a practice and/or a game pending contact tracing. If you have a positive household member, including but not limited to your CCYS player, please let us know immediately so we can work with the public nurse to decide how best to move forward with practices and/or games. As you may be aware, over the past few weeks there has been an increase in COVID-19 cases in the Commonwealth of Massachusetts. As we have stated multiple times since last March, our primary concern is to keep our players, coaches, referees, their families

and our greater communities safe and healthy. We also want to keep our children in school!

PICK-UP/DROP-OFF AT CCHS UPPER TURF FIELDS

PRACTICES/CLINICS/GAMES ON TURF 2: please drop-off and pick-up your player at the bottom of the path (just behind the restroom building). The players will walk up/down the path and meet you at the parking area.

PRACTICES/CLINICS/GAMES ON TURF 1: please drop-off and pick-up your player at the gate to Turf 1 in the Upper Field parking lot.

Please note that coaches should wait for all players to be picked up before leaving the field after a practice or a game. While we encourage parents to be on time, once in a great while a parent is late. Please encourage parents to reach out to their child and/or or their child's coach and let them know if they are running late.

PARENTAL INVOLVEMENT THIS SEASON

Some teams ask parent volunteers to provide refreshments/game support for the players for one game during the season - we will not permit refreshments this season but you can ask parents to sign up to bring some extra water, a bag of ice and some Ziploc baggies (for the ice).

OVERVIEW, OBJECTIVES, REQUIREMENTS & EXPECTATIONS

CCYS Travel Soccer Objective & Principles

Our objective in CCYS Travel is to develop the player, not the team. This means:

- Allocating equal playing time for each player
- Rotating players through all positions over the course of a season (even through 8th grade)
- Developing every player: there are no 'liability' players, **no dedicated goalies**
- We should use games as the chance for players to apply what they are learning, which implicitly means taking risks with tasks that are not yet fully perfected
- Coaches should train the players with the target skills in mind, for each age group. The measure of success is how much we can develop each player. Refer to these guidelines for age-specific skills and development available at <u>CCYS Player Skills Guidelines</u>
- We need to make sure that kids have fun playing soccer

CCYS Coach Requirements & Expectations

- All travel volunteer coaches will need to be registered and complete several requirements to obtain a coaching credential. All requirements must be completed before you can hold any practices, work with any players or attend any games. In order to obtain a coaching credential, you must complete the Adult Annual Registration for the 2020-2021 year and then complete the following requirements:
 - Complete the <u>Adult Registration</u>, apply for CORI and be approved (if you coached during the 2019-2020 season, you most likely have an approved, valid CORI)
 - Complete the <u>Center for Disease Control (CDC) Concussion Training</u>
 - Complete the <u>Safesport Abuse Training</u>
 - Review the <u>Risk Management Policies</u> (Return to Soccer Activities Guidelines)
 - Please complete the <u>Annual Registration Requirement</u> as soon as possible so that Mass Youth Soccer can begin to process your CORI. Note that the initial SafeSport training will take about an hour and a half to complete. If you completed the initial SafeSport Abuse training last year, you only need to take the refresher course which is about 25 minutes. The CDC concussion training is a yearly requirement.
 - Detailed, step by step directions for new and returning coaches to complete the Adult Registration and all trainings and links to the risk management policies can be found

at https://www.mayouthsoccer.org/adult-registration-process/

- A helpful checklist can be found here

 <u>https://www.mayouthsoccer.org/assets/61/6/adult_registration_-_check_lis_t.pdf</u>
- If you experience issues with the annual registration process, please contact US soccer directly at 855-703-2558.
- If you forgot your password for the registration portal, please contact CCYS Registrar, Heidi Kidder at <u>hkidder@comcast.net</u>
- Coach Cards & Credentials All coaches are required to carry the MYSA lanyard with their picture and CORI expiration date. A lanyard credential can only be printed if a coach is registered in the adult registration system and has a current approved CORI.
- As Head Coach, you really should prepare or obtain & review written practice plans ahead of time.
- Sideline demeanor Be a coach and not a sideline director. Let the players play.
- We strictly follow the BAYS Zero Tolerance policy for coaches, players, spectators—see next section for details

SPRING PRACTICE SESSIONS

For the spring 2021 season, travel teams will have two practice sessions each week. One practice will be a team practice, and the other practice will be a grade-based skills clinic led by a group of professional coaches. These skills clinics are intended to provide the same opportunities for training to all players and provide our coaches with the opportunity to work side-by-side with our experienced professional coaches. **It is expected that coaches will attend and actively participate in the grade-based clinics.**

BAYS ZERO TOLERANCE (ZT) POLICY

All individuals responsible for a team and all spectators shall support the referee. Consequently, BAYS has adopted the following rules:

 No one, except the players, is to speak to the referee during or after the game.

Exceptions: Coaches may ask questions before the game, call for substitutions and point out emergencies during the game, or respond to the referee if addressed.

- Absolutely no disputing calls, during or after the game, no remarks to the referee to watch certain players or attend to rough play. NO YELLING at the referee, EVER, and no criticism, sarcasm, harassment, intimidation, or feedback of any kind during or after the game.
- Violators may be ejected and are subject to disciplinary action by BAYS.
- If coaches or spectators have questions regarding particular calls, rules, or a referee, or wish to give feedback regarding a referee, please contact CCYS Referee Director, Steve Robinson at <u>ccysreferee@yahoo.com</u>
- If a referee shows you, or someone else, a Green Card, it means there's been a ZT violation, and it is time to settle things down.
- ZT Application: Coaches are ultimately responsible for their spectators' behavior. You may be asked to talk to your spectators and ask them to follow ZT policies.
- Please share these ZT policies with all parents.

Fine point: A *player* may speak to the referee to inquire about a call (a player may ask for clarification, but not contest the call; this must be done respectfully).

Reporting after the game: If you have an issue with the refereeing in a game, do not say anything at the game or after the game. You should contact CCYS Referee Director Steve Robinson and file a report after the game – but keep in mind that your feedback:

- Should be intended to help develop the referees, and the purpose of an after-the-game report in most cases will be to provide feedback to the referee about handling a situation/game better; in a few rare cases it might be to contest a game.
- Regarding referees, keep in mind that they are humans and that each player and coach has to accept the human element as part of the game to deal with and manage.
- Many referees are children too, they are learning just like players. These young referees are also players, brothers and sisters of players, neighbors, etc.
- Be a role model for your players, don't whine or complain about the refs.

SAFETY CONSIDERATIONS

- Always err on the side of player safety if faced with an unsafe condition or situation
- Please maintain a first aid kit and bring it to all practices and games.
- Abundant research shows that soccer players who participate two or more times per week in a properly designed injury prevention program reduce their risk of an ACL tear by up to 60 percent.
- A few basic strength exercises done at every practice go a long way to reducing injury risk, and they will make your players better athletes.
- All players must remove jewelry this includes earrings (tell your players to wait until the end of the season), non-elastic hair scrunchies, watches, wrist bands.
- Goals MUST be anchored or weighted with sandbags please check this; unsecured goals can be a real hazard.
- Soccer cleats or turf shoes only. No athletic shoes with a cleat at the very front of the shoe (football & lacrosse).
- Regarding player health/injury: *If there is any doubt, sit them out.*
- If a player sustains a jarring fall or a blow to the head, sit them out for the remainder of the day and alert the parents. If the player exhibits serious/concussion symptoms, seek immediate medical attention.

HEADING - BAYS DOES NOT ALLOW HEADING FOR ANYONE UNDER THE AGE OF 14. Intentional heading, or intent to head, will result in an indirect free kick.

COACH LICENSING

- We strongly encourage CCYS coaches to take one of the new grassroots level coaching courses. These courses area focused on empowering coaches through experiential learning and a player-centered approach. The course options will relate directly to small-sided games and the respective age-groups outlined in the <u>Player Development Initiatives</u>
- Grassroots coaching courses can be accessed at <u>Grassroots Coaching Courses</u>
- CCYS will reimburse coaches upon completion of a course and presentation of a coaching certificate.

COACHING NOTES (WHAT NOT TO DO)

The following are edited excerpts from pages 152-155 of "*Coaching Outside the Box: Changing the Mindset in Youth Soccer, Volume 1*". *These are red flags* –unhealthy behaviors and indicators that a club or coach is focusing primarily on winning and immediate team success at the expense of young players' experiences and progress. *If you see this behavior, please address it with the individual or coach, or report it to your Age Group Director (AGD) or CCYS Travel Director, Matt Kilmartin.*

- A coach or parent demonstrates noticeable anger or frustration when the team gives up a goal or displays too much jubilation when their team scores.
- The coach consistently approaches games with winning as the main objective and/or consistently hypes up the importance of game results with big pre-game speeches.
- A coach or parent displays anger or frustration because of the game outcome.
- A coach or parent constantly shouts, directs, and instructs players from the sidelines.
- A coach or parent deals with mistakes negatively through scolding, making critical comments or being sarcastic, and/or expressing anger.
- The coach 'pigeonholes' players into set positions week after week.
- The coach attempts to hide less advanced players in positions where there is less chance they will be engaged in the play, e.g. wide areas of the field.
- The coach consistently offers the more advanced players greater percentages of playing time.
- The coach repeatedly intervenes during training sessions and talks for long spells of time.

- The coach subjects players to prolonged inactive spells during training, often due to standing in line.
- To improve the team's chances of winning their next game, the coach focuses on team tactics and concepts during training, e.g. corner kicks, set-plays, off-side traps.

HEADING POLICY

BAYS and CCYS strictly prohibits heading the ball for all players under the age of 14. If in the opinion of the referee, a player deliberately heads or attempts to head the ball, an indirect free kick will be awarded to the opposing team. We are really serious about this, so referees will enforce it, no matter how perfectly a player performs a header.

CONCUSSION AWARENESS & INJURY PREVENTION

- CCYS requires all coaches to take the <u>CDC Heads Up Concussion Awareness</u> <u>Online Training</u> on traumatic brain injury put together by the Centers for Disease Control and Prevention (CDC). We hope that by completing this course you will have the ability to better identify potential traumatic brain injury. Even if you completed the concussion training last year, you need to do it again. Please complete the <u>online course</u> and email the certificate to Heidi Kidder at <u>hkidder@comcast.net</u>
- Also, please remember that you should not let a player on your team continue to play, or be substituted onto the field if that player does not look like they are fit to play this is especially important if you think a player has hit his/her head, been hit in the head or been jostled in a manner that a players head was shaken back and forth. When in doubt regarding a player's condition after a header, collision, or other incident please sit them out! Players and player's parents may advocate for their child to return to the game your job as a CCYS coach is to protect your player's health.

PRACTICES

Purpose

The primary focus of practices should be on player development. Player development means that players will show improved fundamental skills in areas such as dribbling, passing, receiving, defending, throw-ins, and shooting. It includes both development of physical skills as well as mental skills such as reading the game, knowing where to move with and without the ball, when to dribble or pass, etc.

- Of course, you will spend some time on team-development activities, such as what to do on set-pieces like goal kicks and corners. But these activities are secondary to player development.
- The difference between player and team development activities is this: If the activity will help players be more effective when playing on another team, it's player development. If the activity primarily helps players be more effective in the presence of their current team, it's team development.
- Don't forget to let players be creative, especially in practice.

Design

- All travel teams should aim to hold two practices a week. Grade-based skills clinics should be considered one of the two practices. Coaches are expected to attend the grade-based skills clinics with their team.
- Players improve both through sheer volume of playing (number of touches, and touches under pressure) and guided discovery. New coaches can focus on maximizing the number of touches in a training session and be content that they are holding an effective practice. Guided discovery involves providing constructive feedback so that players can learn new skills that much quicker. The ability to coach via guided discovery comes with training (formal and informal) and experience.
- Typical practices progress from a warm-up, to technical skills practice, to small-sided games, to a full-squad scrimmage.
- Typical practices should focus on technical, tactical, physical, and psychological factors. A single activity may focus on one, two, or more of these factors.

Scheduling

- For teams playing on grass fields, coaches determine practice times and locations based on what works best for the team, collectively. This unstructured approach sometimes results in congestion at certain fields and times. This season due to COVID-19 protocols it is important that you let us know the day(s), time(s) and grass field(s) you would like to practice on so we can ensure that there are not too many teams planning to practice at the same grass field on the same day/time.
- For teams that can practice on the turf fields (Grade 5 and up), practice times are scheduled.
- Practice conflicts within teams do arise (e.g. there may not be practice days and times that work for everyone. Please try to be flexible and reasonable when

handling these conflicts. In particular, on teams with many players who play soccer with other clubs simultaneously, practices should focus on the non-club players, as club players will get plenty of touches during the season. This may impact team effectiveness, but remember, our focus is on player development.

Grade-based Pro-Coached Skills Clinics for Grade 3 - 8 Players

- We encourage you to build your second team practice around the grade-based clinic schedule.
- Coaches please also plan to attend and contribute to the clinics. In particular, you can help herd players and address players that are having trouble or disruptive, which will enable the clinicians to more effectively lead the sessions. You can also pick up ideas from the clinics what activities/communications work better with your cohort of players.

Day	Time	Gender	Grade
Wednesday	4:30-5:00pm at Southfield Meadow	Girls	Expos 4G
Wednesday	4:30-5:00pm at Ripley Field	Girls	Avalanche 3G
Wednesday	6:00-7:15pm at CCHS Turf2 A1	Girls	Freedom 5G
Wednesday	6:00-7:15pm at CCHS Turf 2 A2	Girls	Spirit 5G

SPRING PRO-COACHED CLINICS

Wednesday	7:35 -8:50pm at CCHS Turf 2 A2	Girls	Voltage 6G
Thursday	4:30-5:00pm at Southfield Meadow #1	Boys	Firebirds 3B
Thursday	4:30-5:00pm at Southfield Meadow #2	Boys	Thunderbirds 3B
Thursday	4:30-5:00pm at Ripley Field Mid A	Boys	Monarchs 4B
Thursday	4:30-5:00pm at Ripley Field Back C	Boys	Royals 4B
Thursday	4:30-5:00pm at Ripley Field Back D	Boys	Tornados 4B
Thursday	6:00-7:15pm at CCHS Turf 1 B	Boys	Falcons 5B
Thursday	6:00-7:15pm at CCHS Turf 1 C	Boys	Fury 5B
	6:00-7:15pm at	Boys	Phantoms 5B

Thursday	CCHS Turf 1 D		
Thursday	7:35-8:50pm at CCHS Turf 1 A	Boys	Heat 6B
Thursday	7:35-8:50pm at CCHS Turf 1 B	Boys	Thunder 6B
Thursday	7:35-8:50pm at CCHS Turf 1 C	Boys	Fusion 7-8B
Thursday	7:35 – 8:50 at CCHS Turf 1 D	Boys	Surge 7-8B
Friday	7:35-8:50pm at CCHS Turf 1C-1D	Girls	Breakers 7-8G

GAMES

- Game Day and Preparation Check and confirm game locations and times with the opposing coach on both on Wednesday and again on Friday the week prior to the game. This is both a courtesy, and a way to avoid surprises
- Those playing at the HS should send the "Turf field rules" to opposing coach. These rules are outlined at <u>CCHS Turf Rules</u>
- Make sure your opposing coach is made aware of field/time changes ASAP an email to opposing coaches can be sent through the BAYS website. Opposing coaches' names can be found on the game schedule by clicking on the name of the opposing team.
- Get/give mobile phone number/contact info in case you need to be in contact the morning of the game (e.g. possible rainout)
- You must bring two copies of your official roster with your original signature
- If a player isn't on the roster, he/she can't play

- Jersey numbers must be on the roster please ask parents of your players to provide you with their child's number in advance. You can use a PDF editor to insert these electronically at the beginning of the season or let the registrar know and she can add the numbers to your roster.
- You must have your MYSA credential inside a lanyard that all coaches are required to carry to practice and games.
- Before the kickoff, please confirm the game length with the referee (Grades 7/8 play 35 min halves, grade 6 and below play 30 min halves). Check BAYS Rule Book for more info: <u>BAYS Rules and Regulations</u>
- If it is a particularly warm day, you can ask talk to the other coach and then ask the referee before the game starts to play quarters to allow for additional water breaks and mask breaks.

WEATHER POLICY

General Weather Policy

We follow US Soccer's Recognize to Recover Program which offers guidance for training and playing in warm and cold temperatures. It serves as a guide for participant safety during extreme temperature conditions. We err on the side of caution and will cancel a game or practice if it is too cold or too warm. **Temperatures on synthetic turf fields can be significantly higher than on a grass field.** On occasion, we may move a game to a grass field or postpone and reschedule the game due to high temperatures

Rain-outs and Inclement Weather

- Rainouts are posted at <u>CCYS Field Status</u> at approx. 7:00am and will be revised throughout the day
- We are piloting the use of a Facebook group to enable faster field status updates
- Blast email will also go out
- Contact the opposing coach ASAP
- Makeups & Cancellations: Contact Steve Robinson at <u>ccysreferee@yahoo.com</u> or cell: (978) 394-7926 for all field and referee matters. If you end up cancelling or rescheduling a home game – please reach out immediately to Steve Robinson so he can let the referees know before they head to the field.
- Inclement weather principles: If you hear thunder or see lightning, please immediately leave field and seek shelter inside a building or car. Wait 30 minutes or more after hearing the last thunder before leaving shelter and/or resuming practice. For further information, please see <u>USSF Severe Weather</u> <u>Policy/Guidelines</u>.

COACHING DURING A GAME

- Focus on providing instruction to the players on the sideline, using the game as a visual for the players asking them questions "How does our formation look? What options do we have now? What would you do know if you were playing midfield now?" etc.
- Consider preparing some objectives for each player for the game; these should be skills that they have been working on in practice, and the game gives them the chance to demonstrate, take risks.
- Don't overdo the instructions for the game and don't introduce new concepts let the players work on demonstrating and practicing what they worked on during the previous week.
- See this article for a brief on appropriate game behavior <u>When the Game</u> <u>Begins</u>

Other Travel Soccer Practical Matters

- Make sure that you make the experience fun, remember these are young people (even 7th and 8th graders!) and they want to have fun.
- Poll your team early about vacation weeks and holiday weekends (Columbus Day in Fall, April vacation and Memorial Day in Spring).
- BAYS supports teams that wish to reschedule a game to honor a religious holiday.
- If needed please find a volunteer team manager to handle communications with your CCYS team AND with the opposing team.
- Make sure you have two coaches or CORI-cleared adults available at each practice (for safety and security). This is needed so that one adult can tend to an injured player (e.g. go to the hospital with the player if needed) and still have an adult available with the remaining players.
- All volunteers, including high-school helpers, must be registered with CCYS.
- Mid-season section changes are possible if you are winning/losing by very large margins in your first 3 or so games. Please work this through your AGD. Please note that BAYS ultimately has discretion over changes.
- This is worth mentioning twice: Carry an emergency contact list at all times when you are with the players. Be prepared to use the contact list and emergency form in case your players need medical care.
- If you have any questions, please feel free to reach out to anyone in the CCYS Organization – we recommend starting with your Age Group Director. If they can't answer your question they will reach out to the Travel Director, CCYS Registrar, CCYS Field and Referee Director and/or CCYS President.

PLEASE ADD THE BELOW NUMBERS TO YOUR CELL PHONE

Emergency Dispatch for Concord: (978) 318-3400

Please note that if there is a medical emergency AT A CONCORD FIELD, a 911 call from a cell phone goes to the state police, not the local Concord dispatcher, so they may not know where your field is.

Emergency Dispatch for Carlisle: (978) 369-1155 or 911

Please note that if there is a medical emergency AT A CARLISLE FIELD, a 911 call from a cell will go directly to the local Carlisle dispatcher.

CONCORD & CARLISLE PLAYING FIELDS

Addresses for the fields that CCYS is authorized to use this season:

In Concord:

CCHS Upper Turf Fields behind Concord Carlisle High School at 500 Walden Street in Concord (scheduled for Grade 5, 6, 7 & 8)

Cousins Field at the corner of Brown St. & Prairie St. in Concord (across from 146 Prairie St.)

Cushing Field behind the Peabody Middle School at 1231 Old Marlborough Road in Concord (also accessible from Old Pickard Road across from 93 Old Pickard Road)

Rideout Field at the corner of Lawsbrook Rd. & Conant St. in Concord (by 97 Lawsbrook Rd.)

Ripley School Fields at 120 Meriam Road in Concord

Sanborn School Fields at 835 Old Marlborough Road in Concord

Southfield Meadow Field off Pilgrim Road in Concord – There is very limited parking for this field. It will be used on Wednesday and Thursday nights for pro-coached clinics. If you get permission to use it on another night, please ask parents to drive slowly in the neighborhood – and park in a considerate manner to avoid residents lawns and driveways.

Willard School Fields at 185 Powdermill Road in Concord

In Carlisle

Spalding Fields at 120 Church Street in Carlisle

Banta Davis Fields at 304 Bedford Road-Route 225 in Carlisle

CCYS FIELDS CHART FOR PRACTICES – SPRING 2021

Please note that space at the Upper Turf Fields has been scheduled for Grades 5, 6, 7 & 8 this season. If you would like to use a grass field for a practice session, please reach out to CCYS Registrar Heidi Kidder at <u>hkidder@comcast.net</u> to let her know day, time and field preferences. We have to loosely schedule the grass fields to prevent overcrowding this season.

FIELD	FIELD SIZE	AGE GROUP	<u>CCYS DAYS</u>	<u>TIMES</u>
CONCORD				
CCHS UPPER TURF 1	11 v 11	GR. 7+	TUE, THU, FRI	6:00 - 9:00PM
			SAT	8:00AM – 6:00PM
CCHS UPPER TURF 2	11 v 11 9 v 9	GR. 7+ GR. 5 & 6	MON., WED., FRI	6:00 – 9:00PM
			SAT	11:00AM - 6:00PM
UPPER GRASS FIELD	NO LINES	GR. 7+	SAT	12:00PM – 6:00PM
CCHS MEMORIAL STADIUM	NONE	NONE	NONE	NONE
COUSINS	NO LINES	Pre-K – GR. 1	MON – FRI	4:00PM - DUSK
			SAT – SUN	8:00AM – 3:00PM
PEABODY/CUSHING	11 v 11 9 v 9		MON – FRI	5:30PM - DUSK
			SAT – SUN	8:00AM – 5:30PM

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RIDEOUT	7 v 7	GR. 3 & 4	SAT. ONLY FOR GAMES	8:00AM – 2:40PM
RIPLEY	9 v 9		MON. – FRI.	4:00PM - DUSK
	7 v 7			
	5 v 5			
			SAT. – SUN.	8:00AM - DUSK
SANBORN	7 v 7	GR. 3 & 4	MON FRI.	5:30PM - DUSK
	5 v 5	GR. 2		
			SAT. – SUN.	8:00AM- 5:30PM
	7,7			
SOUTHFIELD MEADOW	7 v 7	GR. 3 & 4	MON. – FRI.	4:00PM - DUSK
			SAT. – SUN.	8:30AM - DUSK
WILLARD	NO LINES	Pre-K & K	SAT.	8:00 – 12:00PM
CARLISLE	L			
BANTA DAVIS	7 v 7 5 v 5	GR. 3 & 4 GR. 2	MON. – FRI.	5:30PM - DUSK
			SAT. – SUN.	8:00AM – 5:30PM
SPALDING	NO LINES	Pre-K - GR. 1	MON. – FRI.	6:00PM - DUSK
			SAT.	8:00AM – 12:00PM

Practice field notes:

<u>CCYS Practice Fields</u> (*Pre-season practices - please practice on grass fields that are open*)

7 v 7 fields:	Banta Davis, Ripley, Sanborn, Southfield Meadow, Rideout
9 v 9 fields:	Cushing, Ripley, Rideout
	CCHS Turf 2 - Reserved scheduling during the season
11v11 fields:	Sanborn, Cushing
	CCHS Turf 1 - Reserved scheduling during the season

We share all of our fields with other youth and adult sports programs and town recreational programs. Please be good citizens at all fields – park as to avoid lawns and driveways, clean up litter and trash, and put nets and sandbags back where they belong at the end of your practice session.

To cancel or re-schedule a game please contact our Field and Referee Director Steve Robinson at ccysreferee@yahoo.com or (978) 394-7926

All home make-ups games must be coordinated with Steve Robinson

Holidays: Games are scheduled over April vacation and over Memorial Day

weekend. Please ask now if your players or opponent will not have enough players to field a team. If you know that you will not play a game, please let Steve Robinson and your opponents know as soon as you can, even if you are not sure when you will play. Please try to pre-pone or postpone your games now.

CONTACTS & RESOURCES

Your Age Group Director (AGD) is a valuable resource, please keep him/her informed of all issues with players, parents, referees.

CCYS Travel Age Group Directors

Girls' Grade 3	Ken Fischl
Girls' Grade 4	Claire O'Brien
Girls' Grade 5	Kirsten Francini
Girls' Grade 6	Jon Bohs
Girls' Grades 7- 8	Kellie Anjoorian
Boys' Grade 3	Pete Baty
Boys' Grade 4	Katie Small
Boys' Grade 5	Jeff Furman
Boys' Grade 6	Taragh Mulvany
Boys' Grade 7- 8	Greg Legault
Travel Director	Matt Kilmartin
Field & Referee Director	Steve Robinson

HELPFUL COACHING RESOURCES

- CCYS Coach Resources
- US Youth Soccer Player Development Initiatives
- US Soccer Coaching Education

- Coaching Outside the Box: Changing the Mindset in Youth Soccer
- BAYS Rules & Regulations
- Referee Signals
- CDC Concussion Awareness Training
- MA Youth Soccer Practice Plans
- US Youth Soccer Practice Plans
- Soccer for Parents
- FIFA Laws of the Game
- FIFA 11+ Injury Prevention Program
- Resource for ACL Injury Prevention
- US Soccer Coaches Commitment to Culture
- NSCAA Playlist of Activities
- Online Soccer Academy
- Soccer Coaching Weekly Podcast

KEY DATES FOR SPRING 2021

- April 10: First CCYS Travel Games
- April 17: First weekend of April vacation; travel games are scheduled
- April 24: Second weekend of April vacation; travel games are scheduled
- May 29: Memorial Day Weekend; GAMES SCHEDULED
- June 12: Last CCYS Travel Games