

# Pre-K Soccer Party



Here's to some FUN!

# Pre-K Soccer Primary Goals!

1. Fun! Seriously, the kids having fun is the only real priority here!
2. Touches! By far the best way for kids to improve their actual soccer skill is to have as many touches on the ball as possible.

Therefore....

1. All 'games' should focus on kiddos having their own ball or at least sharing with 1 or 2 other kiddo's
2. Keeping score is **not ok**. This includes parents, coaches or kids (of course sometimes you can't stop the kids but discourage it please!!!

# Saturday Morning Schedule/Agenda

Each site is welcome to work out their own details but generally soccer 'Games' may look like this.

9-9:15: Warm Up and Welcome: Stretching not a priority at this age, just get them moving

9:15-9:40: Play a few 'games' with your team

9:40-9:55: Where/when appropriate play a 3 v 3 'scrimmage' with another team or your own.

\*\*\*There is no score keeping. If one team is better change teams/add a ball/add a goal/ add or subtract a player. Any of these solves the issue almost right away. Literally just throwing another ball on the field is often times plenty enough to change the tone right away!

# What to expect / Tips & Tricks

If you are having fun and high energy, they will have fun and do most things you ask.

Think about how kids play...the rules change constantly...they like that!

Avoid spending more than 4-5 minutes on any single activity. New activities will fail; that's OK, just move right along...

Kids will suddenly plop down on the side of the field and play with the grass. That is OK, just invite them back with every new activity.

# Sharks and Minnows

Simple and fun game that they like.

Small touches to change direction

Big touches to 'Get Away'

Sharks and Minnows

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# Dinosaur Tag

Break into teams of 2

One kid is dinosaur, the other is the park ranger

Each pair has a triangle to move around

Play for 1-2 min then switch



# Star Wars

Cause everyone  
wants to be a Jedi!



# Simon Says

Simple Games that kids already know...just add Soccer Ball!





# Coach as Goal

Every kid dribbles around and tries to score by shooting through the coaches' legs.

They can kick it through from front or back UNTIL the goal moves! (aka Coach runs somewhere else)

If you're brave they can run through your legs at this age to get the ball.



# And More and More

I'm guessing that you get the idea....

Keep games simple and fun!

Get kids moving with the ball!

Share out ideas that work!

